

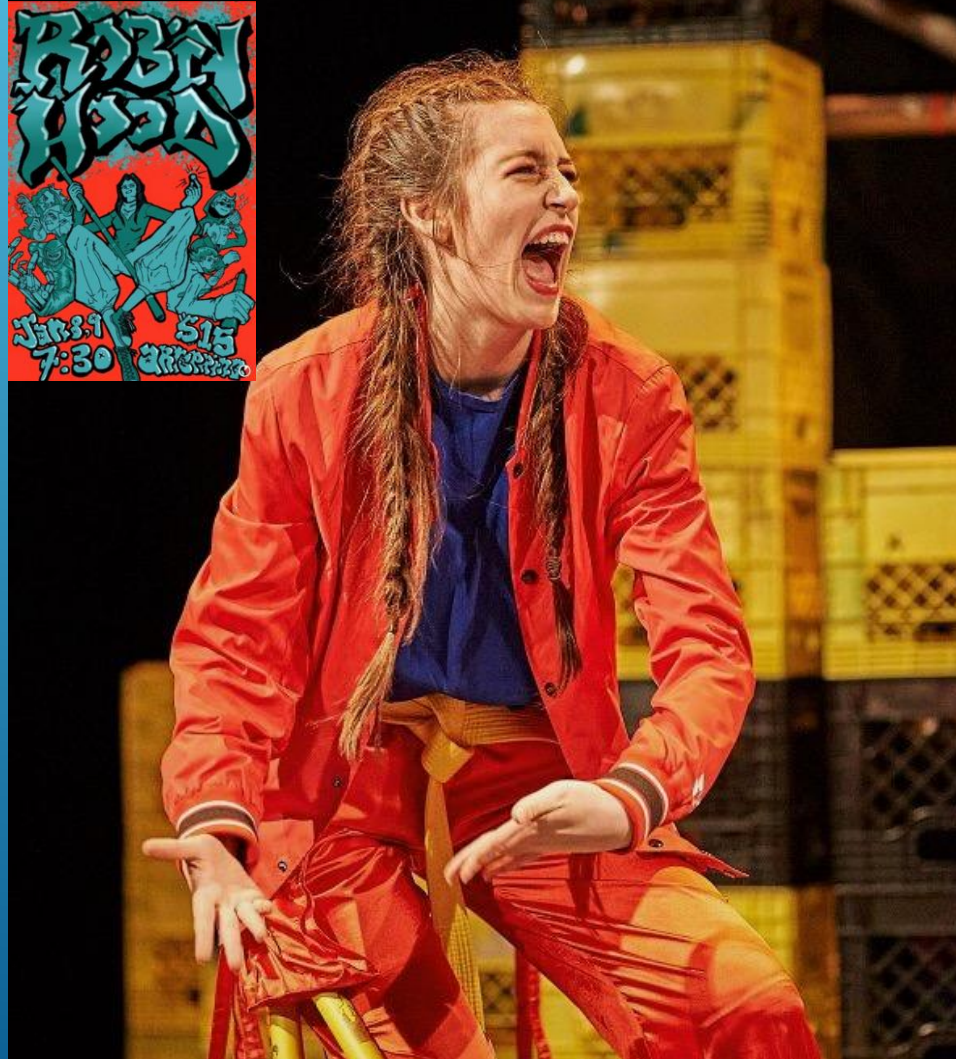


ABCDE
ASSOCIATION OF BC DRAMA EDUCATORS



BCTF

In Focus



RIGHT:

KAHLILA BALL

(ABCDE PERFORMANCE
SCHOLARSHIP WINNER)

IS EXUBERANT

AS ROBIN HOOD IN GISS'S
KUNG FU HIP HOP ROBIN HOOD
JANUARY/ 2020

DIRECTED BY JASON DONALDSON

Summer 2020



A Message from the President

Attached on the following page is a brief that has been forwarded on behalf of drama teachers around the province outlining our issues and concerns about teaching in our subject area during Covid 19. If you feel that important issues that affect you are missing from this brief please email me at hlytle@sd54.bc.ca. I will be checking this regularly over the summer holiday and will have many opportunities to pass on this information.

Well we are fading into our summer break as what can only be described as the most bizarre school year in modern history. At our school at least, it has seemed to fizzle out. One thing is for sure, we all need a summer break!

In the past few weeks I have been able to be in touch with our PSA council and with Teri Mooring around our concerns for drama and theatre programs for next year. These conversations will continue on into the summer and I will be sure to continue to be a voice and advocate for the ABCDE as the ministry makes plans for the fall. If there are things of concern happening in your district, be sure to contact someone on the ABCDE executive and let us know. Likewise, if great things are happening that we could benefit from hearing about please also let us know that information.

Some things, thankfully, didn't change. We continued to be creative and connect with students. Many of our students were still engaged, still doing awesome things and still planning to go on and continue to be awesome. I would like to congratulate this year's ABCDE scholarship winners. Kahlila Ball of Gulf Island Secondary School for the Performance Scholarship and Nyssa Estrella of Riverside Secondary School for Technical Theatre Scholarship.

We will continue to work together in the fall to do the very best we can for our students and our drama programs. Our fall conference will have to go online this year but we are excited about offering you some important and meaningful options to help facilitate your drama teaching. With any luck we will be meeting in person in the spring. 😊

Before signing off, I would like to send another big shout out to your ABCDE executive, Gord, Lana, Zelda, Ryan, Laurie, Colin, Brian, and Coco, for rallying together during this crazy time. Our executive put in a lot of extra time and effort these past few months in a committed effort to support our members. Teaching drama in this new reality was an eye opener for all of us but together we persevered. To Jenn, Shanda, Christine and others who stepped up... thank you!! 😊 Many thanks to **everyone** who pitched in in some way or other.

I wish you all the best in your recuperation this summer. Be kind to yourselves. We have all done the best we could with what we knew and what we had to work with this year. So, as we wipe this one off the slate, remember that next school year is a new year! We are creative and resilient, we've got this!

Take care,
Heather Lee
ABCDE President

<p>The course content covered by our ABCDE members includes:</p> <ul style="list-style-type: none"> • Drama • Musical Theatre • Theatre Company • Theatre Production • Directing and Script Development • Film and Television 	<p>Many of our teachers also teach:</p> <ul style="list-style-type: none"> • Choir • Dance • Art • English • Social Studies • Etc.
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Position Statement:

As arts educators we are both committed and specially qualified to foster the development of core competencies within young people, and are in a unique position to provide support for their well-being through creative outlets. These are critical elements in education at all times, but specifically significant in this time. It is the position of the ABCDE that all arts educators maintain their programming and connection with student through this time, and furthermore, that consideration be given to maintaining these programs as we come out of this model of education and transition back to usual.

Issues and concerns related to planning for ABCDE members include:

Concerns around school and district planning / teaching assignments for 2020-21, specifically:

- a) We are concerned that the value of drama and theatre courses may not be fully understood or realized during this time.
 - ◆ We feel strongly that our students need to maintain their close connections to the teachers that they spend a great deal of time with and who are largely their touchstones in school.
 - ◆ Moreover, drama teachers work with students for multiple years of their school experience and therefore have years of connection and relationship built up, making them the best adults to assess a student's well being, support students with all their school programming and continue to build their confidence and keep them engaged in school.
 - ◆ We feel strongly that the opportunities for students to express themselves creatively during times of uncertainty and stress is critical to their mental health and general well being.
- b) Talk of elective courses being cancelled and specialty teachers being reassigned to other areas is very concerning.
 - ❖ The interruptions to drama programming could have devastating long term effects that impact our teaching and schooling when things return to usual.
 - ❖ Teachers working in these specialty areas have been trained and hired specifically to do this work and are very capable of providing continuity of learning and meaningful education during this time.
- c) Interruptions to elective programming could be devastating if these electives are 'temporarily' cut.
 - We feel strongly that this is a disservice to creatively inclined students who thrive on these outlets in school.
 - For those students who struggle academically but find their successes in school in these kinds of program options, stripping them back to only academic courses is demeaning and quite likely detrimental.

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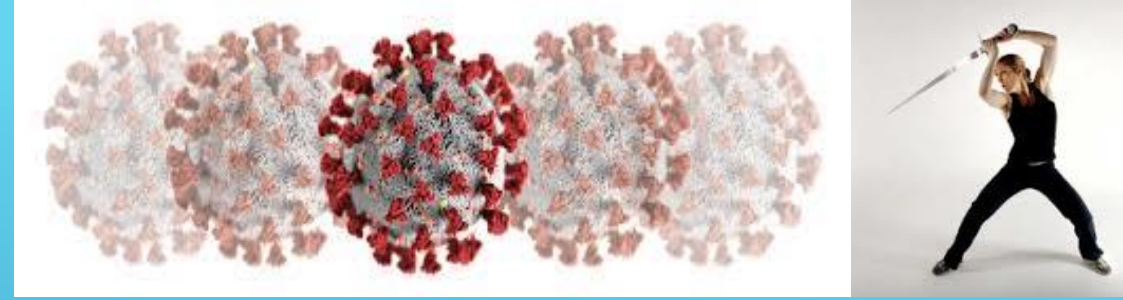
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Covid-19 Success Stories



Jason Donaldson, Gulf Island Secondary School

<https://linktr.ee/GISPA?fbclid=IwAR3vSjJRogTg333LtcOB3faE2zZVIFqxA3Q0j6tZeB4C18PIFfaHzcZDmME>

The Gulf Island School of Performing Arts released a retelling of The Little Mermaid on Spotify, Apple Music, Google Play and Youtube last week. Inspired by Hans Christian Andersen's classic tale of pride and pain, this imaginative reimagining follows the little mermaid, Cora, through the intrigue and temptations of the artificial world and all of the adventures it brings with it. GISPA, a program known for creating original performing arts productions at the end of each year, changed both mediums and methods in order to rework an almost complete stage script and turn it into a radio play due to the global pandemic. After multiple unsuccessful attempts recording together via zoom on separate microphones from home, the gradual return to school allowed GISPA to safely record on separate mics all together. The production was recorded, produced and mixed by the company, who have adapted to these unusual circumstances we find ourselves in with a unique audio creation. While we faced many technical challenges, we eventually managed to overcome them, though it certainly wasn't easy. GISPA's dynamic audio piece is available to stream now, and we are pleased to be donating 100% of the profits from both Spotify and Apple Music to Colour of Change and the NAACP Legal Defence Fund, both organizations in support of Black Lives Matter.

Check out this great article featuring GISS: https://www.gulfislandsdriftwood.com/entertainment/giss-performing-arts-program-projects-go-live-online/?fbclid=IwAR1QG6bpcrabVXwDnpBstncNIZI_hXvClnp99FeGCRbQ0ttZlrrO9DEHI

Caroline Mackenzie, Colquitz Middle School

My students and I were rather devastated that our show was cancelled by the lockdown. We struggled for a while to keep in touch, and many of my students remained optimistic that it could still take the stage. But, as April set in with no end in sight plans of staging our show of Beauty and the Beast jr. in late May looked grim. Then I heard about the Canadian Play Thing. Hosted and created by Canadian theatre luminary Janet Munsil, this series of "staged readings" of plays via zoom was showcasing Canadian plays that were either cancelled due to Covid, or those that were being workshopped. I participated as an actor in a few, then realized that I could shape the medium for my students myself! We began rehearsals via zoom, about 6 hours a week, and 60 of my 100 students showed up for all of them! Then we performed it twice (once with each cast) adding in some homemade costuming, props, and using just the soloists for our songs. Stage crew read the stage directions, and a great time was had by all. My cast truly made virtual lemonade out of Covid lemons!

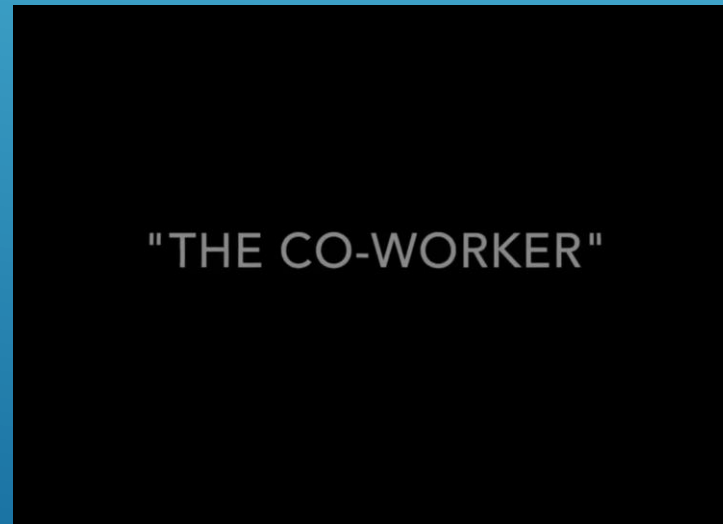
Covid-19 Success Stories

Continued...

Teacher in Role:

Natalee Lovelock, Pinetree Secondary, Coquitlam

I love creating. Even with the hectic stress of transitioning to teaching drama and art remotely, I simply MUST continue to create! Usually, it is music—writing, rehearsing, or recording with my husband (we are in a couple bands together)—or a random art project. This time, I was inspired to film and edit, creating a monologue describing how I was feeling working alongside my new “co-worker” at home....



See the film of the monologue at:

https://www.youtube.com/watch?v=EvHf-ryJtVk&feature=youtu.be&fbclid=IwAR3DiZ_hKkPZvimgp6eCgCXfgzw0jWMwE0t23K-kwxF6YMI56Jtgo7jRyDo

Pandemic + Panic = Perspective

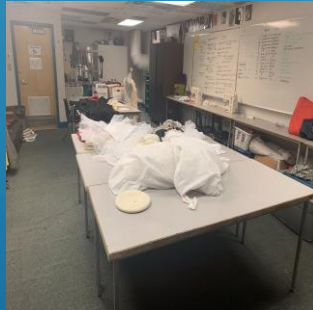
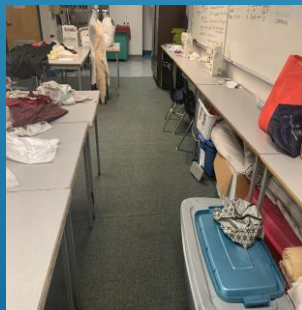
Lana O'Brien, W.L. Seaton SS

The worldwide pandemic of Covid-19 isn't new news for any of us; we lost shows, concerts, we had lots of frustrated, angry, sad kids and teachers. The consolation? Everyone is, or at least was, in the same boat.

As things began to settle into new routines and districts across the province began their return to work plans, we started to see a LOT of different approaches to the same problem. And to be fair, this is an ever changing environment. I have appreciated the ABCDE executive - my friends - for the check ins and support. I hope EVERY drama teacher out there has a great support system. Please remember you also have US!

My personal panic in the middle of the Covid crisis, was on a Thursday morning in April??? (who knows anymore) when I got word our school had flooded. Long story short - 4 feet of water in the costume storage room, and a foot of water in the whole lower floor of the school, impacting the dressing room where all the costumes and wigs for our suspended production of Addams Family were, and well as our beautiful art room, all the lower floor classrooms, the school paper supply room, etc....

Yes. It was bad! It IS bad. I had a BIG cry when I got to come in and see the damage-This shows the dressing room that had 1 foot of water. (see all the fabric stored under the tables) Luckily almost everything was up ON the tables. But the storage room where there was 4 feet of water looks like a hurricane hit - everything was floating...



Then →

Now →

Ready to re-drywall and the REALLY good news is they left most of the stuff in the storage room to dry out. In Sept we will have to reorganize everything - but at least it's there. 😊😊

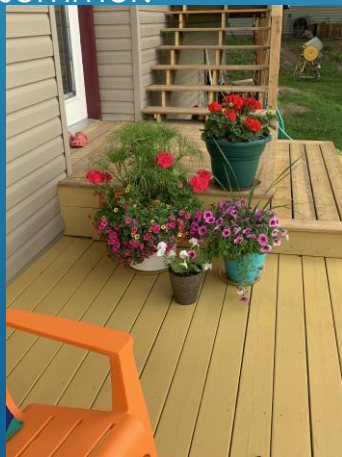
And then...Spring happened. I had an epiphany.

I have not enjoyed spring for my entire 25 year teaching career. I have always had a major production going (including when my twins were born on April 1st - I don't remember that spring either!) Like many other folks working from home I was truly able to enjoy the daily process of watching the spring bulbs, then the summer bulbs poke up from the ground. The spring green of the trees unravel and turn into their summer foliage. I stopped and really listened to the songbirds, and even planted food for the first time (just tomatoes and herbs - let's get real). A family of deer with twin fawns walk through the yard almost daily - and eat the tomatoes - but they are SO CUTE!!

And thus, the pandemic, and the panic from the flood damage (which also kept me out of the building because everything needed to be handled by the insurance people), led to my perspective shift that my work:life balance was TRULY out of whack. This was no surprise to me. Many people have harped on me about this. I have harped on myself. I've "made changes." But I didn't know how many changes actually needed to be made.

So, I want to thank the forces that provided me with a glimpse of another life. I will take it all under advisement and I will continue to examine and make changes about what is important, and how to prioritize.

I wish you all a continued peaceful summer. We can't control what the fall will look like, but as the province has now moved to stage 3 and local community and professional theatres are planning to reopen in the Okanagan, and the construction team just started loading new drywall into the school basement, I am feeling hopeful. Let's continue to talk to each other and lean on each other for support. I wish you all a wonderful summer.



A FEW COVID CREATIONS FROM SMITHERS SECONDARY



Newspaper Costumes



Socially Distant Dancing!

The Show Could Not Go On!

As drama teachers we have all uttered the phrase “the show must go on,” and we have all persevered, at one time or another through challenges that threatened our productions, whether it was an unprepared cast, a lead that lost her voice, or a raging snowstorm. We usually always managed to get to opening night. This spring however, so many of us, as a result of Covid-19 were told, “sorry, but your show has to be cancelled.” I know I speak for many of you when I say that was a devastating blow. I spent most of spring break hoping for good news on the Covid front yet knowing deep down I wasn’t going to get it. I cried, I swore, I commiserated with colleagues, but it was no good. Carihi’s “Newsies” was not going to get to do our show run despite being only 2 weeks away from opening night. We were ready. We could have done the show at a moment’s notice, but instead we had to postpone, and then finally cancel 6 months of hard work. When cancellations started to happen, many groups came up with creative ways to share the work they had done such as online Zoom shows of some of the songs or physically distanced dance numbers on the school field. Because we were so close to show time that didn’t feel like enough for my cast and crew, so the physically distanced film project was created. We made a plan to film every scene, every song, every dance number while physically distanced.

Our admin team at Carihi supported my idea and did all they could to ensure that our project done safely and followed BC health protocol. When we started this project there was one active case of Covid-19 on Vancouver Island and no new active cases in over a month. The first thing we did was make a safety plan that included input from our Principal and our district safety coordinator. That included spacing marks on the stage, hand sanitizer stations throughout the work space, personal spots on the gym floor for each actor, and constant reminders about hand-washing and maintaining safe distances. We wore masks while we re-blocked and rehearsed scenes, and only took them off when we started filming. Any student who wanted to keep their mask on while filming could do that. We had about 6 filming sessions that were spread over 2 weeks which was not enough, so what we ended up with was not perfect. Not all cast members could participate; we fully supported anyone who felt safer staying at home. As a result, some roles had stand ins. Not all costumes were ready. We didn’t bother with stage make up. The sets needed a bit more paint and not all the props were quite done. The sound and lighting was the bare minimum that was possible at short notice. We filmed scenes over several sessions, and then edited them.



The Show Could Not Go On! *Continued*

It was really great to get a chance to have some closure with this group of students, but what we learned is that filming a musical out of sequence, over several days is HARD. Filming it all while physically distanced is REALLY hard. We had to re-block everything to create distance from each other and had to make our full cast dance numbers smaller, so chorus members didn't get to do all their scenes. We tried to keep people 2 metres apart, but once we filmed we noticed many times where the students were closer. The shift happened in seconds, but the students were extremely respectful of the distancing requirements when we reminded them, which was often. We did a couple of things to help the play look more normal in some of the scenes. We took advantage of siblings, and people living in the same household to create normalcy in group scenes. There was also a stage kiss, so those two actors quarantined for several weeks so we could film that scene with an actual kiss (and had the support of the parents.) That's dedication. There was also a fight sequence that was going to be AWESOME, but we did it more distanced than we would have in show time to ensure safety, above anything else, and they wore masks when we filmed it as we got a bit closer than 2 metres at times.

In our theatre we always try to do our best to tell a good story, and while our project wasn't quite what we had hoped for, it allowed the cast and crew some important closure, and it taught me what to expect with physically distanced education for the unforeseeable future. I learned how much people are drawn towards each other. That's just human nature. Keeping the students apart in September will be very challenging. This is the reality of navigating physical distancing in education for the next while, and it will not be perfect. We really tried but we sometimes failed. I'm glad we tried anyways. Things have changed in the theatre for now, and until we can get closer, and have large gatherings we will have to be creative with how we create shows. Now that I've had this experience I am forging ahead to next year. I will keep trying to do theatre, and will do physically distanced shows until I don't have to anymore. If you want information about this project drop me a line. I learned a lot.

Christine Knight

Christine.Knight@sd72.bc.ca

Carihi Secondary



Tech Corner with Phil Schultz, Entertainment Technician

ETC ONLINE LIGHTING TRAINING (FREE)

I have been in contact with the company that manufactures our lighting console. There are SO MANY WAYS TO LEARN ONLINE! I haven't had a chance to go through this training yet, but I thought I'd share it if you have that tech kid who really loves lighting and wants a sprint. You can make your own account, it was easy, and then you log in.

From ETC:

"We currently have several options for training on line. First, we've always had basic product tutorials available on our YouTube channel. Please use this link to access our webpage with links to specific products such as the Eos family of consoles (including Element)

<https://www.etcconnect.com/Support/Videos/>

Disinfection Safety Information From Yamaha:

https://usa.yamaha.com/support/safety/index.html?fbclid=IwAR0IJymrj4NksVs94wChSAgaVuUMeKNPu8AtP4_8DGoDTZBpSkPGfA8s6s

SAVE YOUR LIGHTING CONSOLE!

Please remember to place a dust cover over every console. Could be a scrap black cloth, towel or whatever. Cleaning starts at \$500.00 and up. Unfortunately could be a long while till a Lighting or Sound console gets turned on.





Teachers, How Can We Care for Our Mental Health Right Now?

We're living through history, and the emotions are intense. [Love Teach](https://www.weareteachers.com/mental-health-during-covid/) on March 18, 2020
<https://www.weareteachers.com/mental-health-during-covid/>

Wow.

If you're anything like me, you're experiencing a lot of different emotions right now. But chances are we are all marveling at how different the world looks than it did a few weeks, days, even hours ago. Big events canceled. Travel bans. School closures. Toilet paper becoming the nation's hottest commodity.

This post is not about health measures or containment or COVID-19 symptoms. It's not about curriculum or technology recommendations or teaching remotely. I'm not going to talk about flattening the curve or social distancing or exponential growth. There are 900 million other articles, posts, and podcasts for that.

This is about taking care of yourself and your mental health during COVID.

I love teachers, and even in the best of times I'm concerned about our self-care. But now, at a time when we're all taking on the stress, anxiety, and fears of how a global pandemic will affect our children, it's more critical than ever to remember that *we cannot effectively take care of other people if we are not taking care of ourselves.*

► 1. Be kind to yourself.

We are all learners here. This situation is new for all of us, and that means new emotions, new reactions we didn't know we're capable of, new fears, new bodily functions (hello, stress burps, I guess you're a thing now). Would you be hard on the young people in your classroom learning new, tough information? Of course not. So don't put any more pressure on yourself to learn this new way of living than necessary.

Also, I'm going to say something that could be controversial here: I don't think those of us teaching remotely should exhaust ourselves trying to drum up ways to make learning exactly the same or better as it was in our classrooms before we left. Will we have to do things differently? Yes. Could this be an awesome opportunity for all of us to learn platforms and tools? Yes. But are our students already dealing with more stress than we could imagine? ALSO YES. They are a generation who is aware of EVERYTHING because of the Internet and social media. But their frontal lobes are still developing, leaving them with tons of information but perhaps not a lot of emotional capacity to handle or process this in a healthy way. In short: don't put more pressure on yourself than necessary to put on a dog-and-pony show during tough times. Simple is OK.

► 2. Keep your hands busy.

One of the best pieces of advice I ever received when I was super anxious a few years ago was to keep my hands busy. There's science behind it, I promise. And, when I'm doing something tactile, it's hard for me to think too hard about anything, really. And not in the way that I zone out when I'm scrolling Instagram like a zombie, but more of a mellowing out that happens when I truly plug into creativity. My top recommendations:

Puzzles! Y'all. I'm obsessed. My favorite brands are Galison and Mudpuppy. (Yes, I have puzzle brands.)

Embroidery. Look up this old-made-new trend on Pinterest. So many fun ideas!

Calligraphy

Other recommendations: making bread or something else hand-intensive, drawing a mandala, painting or making a collage, playing an instrument (what a great time to learn on YouTube!)

► 3. Move your body.

Don't worry about strenuous exercise right now if that's not your jam. But I think it's good for all of us to make moving a regular habit (especially if we are teaching remotely and not up out of our seat all the time like a regular school day). Go for a walk if you can. Take a fitness class on YouTube (Yoga with Adriene is a personal fave). Have an impromptu dance party to your favorite song. Ultimately just get the blood flowing and the endorphins pumping.

► 4. Calm your mind.

This looks different for all of us, but it's super important to give your mind a break from the barrage of information out there. I don't know if there has been a better time to download the Calm app (it's free for teachers!) With guided meditations, nature playlists, relaxing songs, and bedtime stories, you'll wish you'd have done it a long time ago. But whatever you do, try not to simply distract yourself, but truly disconnect and let your mind "be" for a while. It's working overtime these days.

5. Laugh.

A global pandemic is obviously very serious. But so is your mental health during COVID. As anyone who has ever cared for a family member with Alzheimer's will tell you, sometimes you have to laugh in the midst of a terrible thing. Gloria Gaynor washing her hands to "I Will Survive." Relatable tweets like this one:

isha@ikasliwal



me and my coworkers logging into all of our meetings remotely for the next couple of weeks:



But if you're overwhelmed with COVID-19 information—even humor—this is my official plug for the TV show *King of the Hill* on Hulu. I did not think I would find this show funny, and I have laughed myself to tears. You're welcome in advance.

6. Stay connected in the right ways.

Use the technology we do have—FaceTime, WhatsApp, Skype—to check in with people remotely. Kelly Wickham Hurst, an educator I follow on Twitter ([@mochamomma](https://twitter.com/mochamomma)) had a great suggestion of using each other's names as often as possible when in social isolation. Check in on your neighbors, the elderly people you know (especially those living alone), and others in vulnerable populations.

And if social media is overwhelming you, by all means, disconnect for a while. You will know when you're overwhelmed. You'll be at the grocery store and see a long line of people waiting to grind coffee, and you'll turn to your fiancé with wild eyes and say, "I can't do this!" Or at least that's what I did.

By Love Teach

[Love, Teach](#) (Kelly Treleaven) teaches middle school English and writes about it at loveteachblog.com. [or follow her on Facebook, Twitter, or Instagram.](#)



Learning to fight right

Submitted by Christine Knight – Carihi Secondary

This Spring Carihi Secondary in Campbell River was set to do NEWSIES, but like many of you, the pandemic shut down our show. We were only two weeks away from opening night, so we were ready to go, and the loss was devastating. Despite that, a highlight of our rehearsal process was working on fight choreography with Robinson Wilson. Robinson is a professional fight choreographer who has worked around the world, as well as locally as a fight director at Bard on the Beach, VIU, and throughout Vancouver Island. He is a professional in every sense of the word, and working with and learning from him made a huge impact on me and the whole cast. Robinson takes his job seriously, and foremost is the safety of the cast. He was firm in his instruction, and didn't hesitate to stop everything if he sensed the potential for injury, but my cast had a blast and were so excited about the work they did. We were blocking a three minute fight segment, and that segment took 18 hours of careful instruction. As a result, the final product was so amazing, and the students were confident in their ability to get through the choreography without anyone getting hurt. When I am lamenting the loss of this show, one of the things I complain about most is that no one will see that fight! It was going to be one of the things that would make the audience cheer uproariously. Here's what I learned from doing fight choreo with Robinson...first of all, hire Robinson. I learn so much from him about everything whenever I work with him. If you can't hire Robinson, and you don't know how to teach safe stage combat, find someone who does. Secondly, don't leave fight choreo until the last minute because you can't rush this kind of work. There are always songs and dances to be polished up, and sets to be painted and scenes to rehearse, but if there's a fight in your show, hire a pro, and take all the time it needs to be done safely and effectively. Campbell River audiences didn't get to see this fight, so I guess I'll have to look for another show that has a good brawl and see what Robinson and I can cook up in the future.



Scholarship Winners:

A HUGE congratulations to our 2020 ABCDE SCHOLARSHIP WINNERS!

Nyssa Estrella –
Riverside SS

*Nicole Roberge, ABCDE
sponsor*

*ABCDE Technical
Theatre Scholarship
Winner*

"I give all of my gratitude to everyone who got me to this point. My involvement in the performing arts in high school widened my horizons as an artist and allowed me to meet a ton of awesome people throughout the programs I participated in. I'll be sure to use this gracious financial boost to afford my upcoming post-secondary education and use what I learned to put my mark on the history of theatre."



Kahlila Ball –GISPA

Jason Donaldson, ABCDE Sponsor
ABCDE Performance Scholarship Winner

"I could not be more excited to continue my theatrical studies in the fall. In September I will be moving to Vancouver where I will attend the Studio 58 program at Langara College. There, I will continue to immerse myself in, and commit myself to, performance theory and practice. For the past seven years theatre has been the single most fruitful and enlightening experience of my life. Over the course of my middle-school and high-school years, I have had the great pleasure of being involved in community theatre, the Improv team at GISS, GISS Acting classes as well as the performing arts program GISPA. Each of these experiences have been an essential part of my maturation as an artist and as a young woman entering the world. The magic of theatre and the community that surrounds it is what fuels and inspires me to stay curious and work hard. I would like to thank the Association of B.C Drama Educators for awarding me their scholarship and for supporting young artists."



Jennifer Ohlhauser's Grade 9/10 Circus Arts Lesson found on our ABCDE Google Doc!

Drama 9 and 10



Special Skills in Circus Arts

Goal of the week:

Demonstrate a special skill in Circus Arts

For example: juggling, flips, contact juggling, flowersticks, headstand, handstand, contortion, slackline, cartwheels, jump through hula hoops, trick shots, bike tricks

Curricular Competencies:

Drama students can build **special skills** inspired by innovative artists from a variety of genres and communities.

You'll need:

- some empty space to move in

- a camera
- *potential stuff you could use:* rolled up socks, the wall, a trampoline, a hula hoop, a slackline, short sticks, plates, kendama, hacky sacks, jump ropes or nothing at all

What to do:

Monday	everyday	Friday
Watch Ms Oh's 3 min video suggesting some Circus Arts you can try. Consider the resources and ideas on this webpage . Pick one special skill to work on.	Practice your circus skill!	Film yourself demonstrating your new circus skill. No perfection required! Just show me you're trying. Maximum 60 seconds Can you <i>finish well</i> ? Finish with your arms up and a big smile as if you are waiting for applause?

Assessment:

Criteria B: (i) Acquisition and Development of one Circus Arts special skill.

Going further, optional:

Last year, LUZIA came to Vancouver, Cirque's latest show and the soccer skills act was awesome. [Check it out.](#)

Cirque du Soleil is one of Canada's most well known theatre companies. They published a [60 minute version of ZED last week](#). Have a watch. This show was performed in Japan.

TL;DR

Pick one Circus Arts special skill to learn. Practice. Film yourself doing it.

Keep that Covid Collegiality Alive!
Share your lessons, links and ideas
With all of the members of the ABCDE at

<https://drive.google.com/drive/folders/1xCJ7XciBuZ0CgScfOd-0XJcNOzoOqHSe?fbclid=IwAR0Uq-ZufMkMlnIfYoHCQ1gxi-2wVRBxRImM7ngTqOO9Vclm8XwXPzFzsA0>

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Admin in 2020: please be prepared to teach online, in person, both simultaneously, on a moving train, while juggling, in a burning building, under the sea, during a wrestling match with a T-Rex, as a hologram, and riding a unicorn. Also be safe and we value you.

5:37 PM · 23 Jun 20 · [Twitter for iPhone](#)



Have a safe, peaceful, restful and joyous
Summer Break!
Be kind!